

## North Carolina Coastal Federation

Working Together for a Healthy Coast

FOR IMMEDIATE RELEASE

Oct. 2, 2014 Contact: Ben Brink Phone: 910.509.2838 Email: <u>benb@nccoast.org</u>

## Swim the Loop to Benefit N.C. Coastal Federation Programs

WRIGHTSVILLE BEACH -- For a third year, a portion of the proceeds from the Swim the Loop competition on Sunday, Oct. 11, in Wrightsville Beach will benefit the N.C. Coastal Federation.

Organized by Without Limits Coaching, this event includes a 3.5 mile open water swim around Harbor Island and a shorter 1.3 mile swim sprint through Banks Channel. The race attracts recreation swimmers, competitive swimmers, master swimmers, triathletes, stand-up paddle boarders, kayakers, boaters and volunteers.

The federation will get a portion of the proceeds, and people can join the nonprofit group during Swim the Loop registration at a reduced rate of \$25. The first 20 people to join the federation will receive a federation tote bag.

The federation's work is important to all who value clean water. Projects like the recent construction of several rain gardens and installation of five 3,000-gallon cisterns in Wrightsville Beach, which will capture and reduce polluted stormwater runoff, are helping to keep the waters around Harbor Island clean and swimmable. These projects are part of the federation's and its partners' efforts to restore Hewletts and Bradley creeks, which empty into the waters around Wrightsville Beach. The federation is also building rain gardens with

students at local schools and restoring oyster reefs to keep these creeks clean.

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About the North Carolina Coastal Federation: "Working Together for a Healthy Coast"

The N.C. Coastal Federation is the state's only non-profit organization focused exclusively on protecting and restoring the coast of North Carolina through education, advocacy and habitat restoration and preservation. The federation's headquarters are at 3609 N.C. 24 in Ocean between Morehead City and Swansboro and the office is open Monday through Friday from 8:30 a.m. to 5 p.m. The federation also operates field offices in Wrightsville Beach and Manteo. For more information call 252.393.8185 or check our website at www.nccoast.org.

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